



Occupational Therapy  
Systematic  
Evaluation of Evidence

**Did you know?**

Indexed on OTseeker are over:

- \* 600 articles about stress management and relaxation
  - \* 250 articles about vocational rehabilitation and work
  - \* 130 articles about hand therapy
  - \* 115 articles about social skills training
  - \* 110 articles about home modifications
  - \* 115 articles about the use of creative therapies
  - \* And lots about consumer education, behavioural interventions and modes of service delivery!
- There are also over:
- \* 750 articles about stroke
  - \* 490 articles about cardiovascular disorders
  - \* 615 articles about affective disorders
  - \* 400 articles about rheumatological conditions
  - \* 250 articles about schizophrenia
  - \* 170 articles about brain injury
  - \* 180 articles about developmental disorders

And lots more!

OTseeker now contains Free resources for learning about evidence-based practice that can be downloaded to teach others.

It also contains a new section on injury management that indexes qualitative research, cohort studies and research

For more information see: Bennett, S., Hoffmann, T., McCluskey, A., McKenna, K., Strong, J., & Tooth, L (2003). Introducing OTseeker (Occupational Therapy Systematic Evaluation of Evidence): A new evidence database for occupational therapists. American Journal of Occupational Therapy, 57 (6), 635-8.

**Research evidence for interventions relevant to Occupational Therapy**

A search of the OTseeker database has revealed some interesting facts:

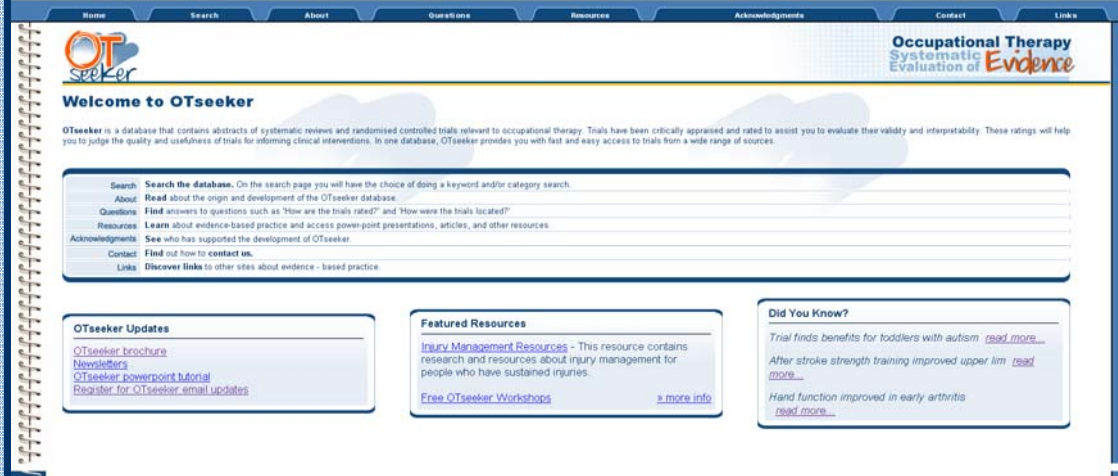
- \* As of March 2010, there were 1570 systematic reviews and 5100 randomised controlled trials included in OTseeker, making a total of 6670 articles that can inform occupational therapy intervention!
- \* The articles were sourced from over 1000 journals
- \* The majority of articles were *not* from occupational therapy journals
- \* Only 400 articles used the terms

**There is clear evidence for the effectiveness of the following interventions relevant to occupational therapy:**

Comprehensive developmental behavioral intervention for toddlers with ASD for improving cognitive and adaptive behavior and reducing severity of ASD diagnosis (Dawson et al, 2010)

Early occupational therapy programme increases hand grip strength at 3 months: results from a randomised, blind, controlled study in early rheumatoid arthritis (Mathieux et al 2009)

**Register to receive alerts of new articles added to OTseeker and to receive updates...**  
<http://www.otseeker.com/register.aspx>



**About OTseeker:**

**How has OTseeker come about?**

OTseeker has been developed by a group of Australian occupational therapists: Dr Sally Bennett, Dr Annie McCluskey, Assoc Prof Kryss McKenna, Dr Tammy Hoffmann, Dr Leigh Tooth & Professor Jenny Strong.

It has been modelled on a physiotherapy equivalent, PEDro and has received funding from the Motor Accident Authority of NSW, The Occupational Therapists Board of Queensland, OT Australia, The College of Occupational Therapists (UK) and the Canadian Association of Occupational Therapy

**www.otseeker.com has had over 1 million visits since it became available in 2003. Visitors include occupational therapists from over 100 countries.**





